

Cod / 5 Oz IQF Atlantic Cod Loin 2X

UCC14 Code: 00073129086231 UCC12 Code: 073129086231 SUPC Code: 0718914



PRODUCT/PACKAGING INFORMATION:

Case Cube	Case Configuration	Pallet Configuration	Cases per Pallet
0.392	14.5 x 11 x 4.25	11x16	176

Pack Size	Unit Weight	Gross Weight	Net Weight
1/10#	10	11	10

Farm/Fishery Specification: MSC
 Frozen Shelf Life: 18 months from date of manufacture.
 Allergens: Yes. Please see label.
 Approx. Servings per Case: 32
 Labeling:
 Freezing: IQF

PRODUCT LABEL:

PC # 8623

ICYBAY ATLANTIC COD

5 OZ LOINS

IQF SKINLESS BONELESS

INGREDIENTS: Cod, Sodium Tripolyphosphate

CONTAINS: Fish (Cod)

Pack 1/10 lbs.

Product of China

Wild Caught

NET WT 10 LB (4.54 kg)

SG PO#

Pack Date:

GTIN # 00073129086231

FOR PLACEMENT OF GTIN
BARCODE ONLY

Nutrition Facts
 Serving Size 4 oz (113g)
 Servings Per Container

Amount Per Serving		% Daily Value*	
Calories 90	Calories from Fat 5		
Total Fat 1g			1%
Saturated Fat 0g			0%
Trans Fat 0g			
Cholesterol 50mg			16%
Sodium 60mg			3%
Total Carbohydrate 0g			0%
Dietary Fiber 0g			0%
Sugars 0g			
Protein 20g			
Vitamin A 0%	Vitamin C 2%		
Calcium 2%	Iron 2%		

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:
 Calories: 2,000 2,500
 Total Fat Less than 65g 80g
 Saturated Fat Less than 20g 25g
 Cholesterol Less than 300mg 300mg
 Sodium Less than 2,400mg 2,400mg
 Total Carbohydrate 300g 375g
 Dietary Fiber 25g 30g
 Calories per gram:
 Fat 9 • Carbohydrate 4 • Protein 4

Nutrition Facts
 Serving Size (100g)
 Servings Per Container

Amount Per Serving		% Daily Value*	
Calories 80	Calories from Fat 5		
Total Fat 0.5g			1%
Saturated Fat 0g			0%
Trans Fat 0g			
Cholesterol 45mg			14%
Sodium 55mg			2%
Total Carbohydrate 0g			0%
Dietary Fiber 0g			0%
Sugars 0g			
Protein 18g			
Vitamin A 0%	Vitamin C 2%		
Calcium 2%	Iron 2%		

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:
 Calories: 2,000 2,500
 Total Fat Less than 65g 80g
 Saturated Fat Less than 20g 25g
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 Calories per gram:
 Fat 9 • Carbohydrate 4 • Protein 4