

## Calamari/Squid / 3/5 Rings only Block 100% BF

UCC14 Code: 10073129797519 UCC12 Code: 073129797519 SUPC Code: 960645



### PRODUCT/PACKAGING INFORMATION:

Case Cube	Case Configuration	Pallet Configuration	Cases per Pallet
0.404	14.173 x 10.629 x 4.629	11x12	132

  

Pack Size	Unit Weight	Gross Weight	Net Weight
4/2.5	10	12	10

Farm/Fishery Specification:  
Frozen Shelf Life: 18 months from date of manufacture.  
Allergens: Yes. Please see label.  
Approx. Servings per Case: 40 @ 4 oz  
Labeling:  
Freezing: Block Frozen

### PRODUCT LABEL:

**PC # 79751**  
**ICYBAY CALAMARI**  
**RINGS**  
**FULLY CLEANED**  
INGREDIENTS: Squid  
**Pack 4/2.5 lbs.**  
**Product of China**  
**Wild Caught**  
**NET WT 10 LB (4.54 kg)**  
SG PO#  
Pack Date:



### Nutrition Facts

Serving Size 4 oz (113g)	
Servings Per Container	
Amount Per Serving	
<b>Calories 160</b>	Calories from Fat 0
% Daily Value*	
<b>Total Fat 0g</b>	<b>0%</b>
<b>Saturated Fat 0g</b>	<b>0%</b>
<b>Cholesterol 190mg</b>	<b>63%</b>
<b>Sodium 290mg</b>	<b>12%</b>
<b>Total Carbohydrate less than 1g</b>	<b>0%</b>
<b>Dietary Fiber less than 1g</b>	<b>3%</b>
<b>Sugars 6g</b>	
<b>Protein 28g</b>	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 6%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

### Nutrition Facts

Serving Size (100g)	
Servings Per Container	
Amount Per Serving	
<b>Calories 140</b>	Calories from Fat 0
% Daily Value*	
<b>Total Fat 0g</b>	<b>0%</b>
<b>Saturated Fat 0g</b>	<b>0%</b>
<b>Cholesterol 165mg</b>	<b>56%</b>
<b>Sodium 250mg</b>	<b>11%</b>
<b>Total Carbohydrate less than 1g</b>	<b>0%</b>
<b>Dietary Fiber less than 1g</b>	<b>3%</b>
<b>Sugars 5g</b>	
<b>Protein 25g</b>	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 6%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

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Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4