

Tilapia / Oven-Ready Tortilla Crusted Natural Tilapia Fillet 4-6 oz

UCC14 Code: 00073129274812 UCC12 Code: 073129274812 SUPC Code: 0744203



PRODUCT/PACKAGING INFORMATION:

Case Cube	Case Configuration	Pallet Configuration	Cases per Pallet
0.473	13.19 x 9.44 x 6.563	14x8	112

Pack Size	Unit Weight	Gross Weight	Net Weight
1/10#	10	11	10

Farm/Fishery Specification: BAP
Frozen Shelf Life: 18 months from date of manufacture.
Allergens: Yes. Please see label.
Approx. Servings per Case: 32
Labeling: Oven Ready
Freezing: IQF

PRODUCT LABEL:

LOT # ?????? 2 6 8 1
PC#27481
ICYBAY
OVEN-READY TORTILLA CRUSTED
NATURAL TILAPIA FILLET 4-6 OZ.

INGREDIENTS: Tilapia, wheat flour, water, tortilla chips (yellow whole corn, vegetable oil (contains corn, soybean and / or sunflower oil), bleached wheat flour, flavored bits (corn syrup, enriched bleached wheat flour (flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), corn cereal, palm oil, artificial flavor, yellow 5, blue 1, red 40, corn syrup, caramel color, yellow 6), modified corn starch, yellow corn flour, salt, sugar, wheat gluten, contains less than 2% of: palm oil, disodium inosinate and disodium guanylate, spices, chipotle pepper, corn syrup solids, garlic powder, yeast and yeast extract, onion powder, soy flour, Pollock protein, leavening (sodium acid pyrophosphate, sodium bicarbonate), sodium tripolyphosphate (to retain moisture), torula yeast, paprika, canola oil, lime juice solids, spice extractives, extractives of paprika, caramel color, natural flavor. Precooked in canola, cottonseed and / or soybean oils. **Contains: Tilapia, Wheat, Pollock, Soy.**

COOKING INSTRUCTIONS: CONVECTION OVEN: Preheat oven to 375°F. Place frozen fillets on baking sheet and bake for 18-20 minutes, or until internal temperature reaches 160°F. CONVENTIONAL OVEN: Preheat oven to 425°F. Place frozen fillets on baking sheet and bake for 22-24 minutes, or until internal temperature reaches 160°F.

Made with all natural
NutraPure.
...a healthy solution

NET WT. 10 LBS. (4.54 Kg)

KEEP FROZEN 2 6 8 1
PC#27481

ICYBAY
OVEN-READY TORTILLA CRUSTED
NATURAL TILAPIA FILLET 4-6 OZ.



00073129274812

DISTRIBUTED BY: SLADE GORTON & CO.,
BOSTON, MA 02118

Nutrition Facts

Serving Size 1 Fillet (112g)	
Servings Per Container about 40	
Amount Per Serving	
Calories 240	Calories from Fat 100
% Daily Value*	
Total Fat 12g	18%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 440mg	18%
Total Carbohydrate 18g	6%
Dietary Fiber 1g	4%
Sugars 2g	
Protein 16g	
Vitamin A 2%	Vitamin C 0%
Calcium 2%	Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Calories:	2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9	Carbohydrate 4 Protein 4

Nutrition Facts

Serving Size (100g)	
Servings Per Container	
Amount Per Serving	
Calories 220	Calories from Fat 90
% Daily Value*	
Total Fat 10g	15%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 390mg	16%
Total Carbohydrate 16g	5%
Dietary Fiber 1g	4%
Sugars 2g	
Protein 14g	
Vitamin A 2%	Vitamin C 0%
Calcium 2%	Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
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Fat 9	Carbohydrate 4 Protein 4