

**Tilapia / Oven-Ready Tortilla Crusted Natural Tilapia Fillet 4-6 oz**

UCC14 Code: 00073129274812 UCC12 Code: 073129274812 SUPC Code: 0744203



**PRODUCT/PACKAGING INFORMATION:**

Case Cube	Case Configuration	Pallet Configuration	Cases per Pallet
0.473	13.19 x 9.44 x 6.563	14x8	112

  

Pack Size	Unit Weight	Gross Weight	Net Weight
1/10#	10	11	10

Farm/Fishery Specification: BAP  
 Frozen Shelf Life: 18 months from date of manufacture.  
 Allergens: Yes. Please see label.  
 Approx. Servings per Case: 32  
 Labeling: Oven Ready  
 Freezing: IQF

**PRODUCT LABEL:**

LOT # ??????? **ICYBAY** 2 6 8 1  
**OVEN-READY TORTILLA CRUSTED NATURAL TILAPIA FILLET 4-6 OZ.**  
 PC# 27481

**INGREDIENTS:** Tilapia, wheat flour, water, tortilla chips (yellow whole corn, vegetable oil (contains corn, soybean and / or sunflower oils), bleached wheat flour, flavored bits (corn syrup, enriched bleached wheat flour (flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), corn cereal, palm oil), artificial flavor, yellow 5, blue 1, red 40, corn syrup, caramel color, yellow 6), modified corn starch, yellow corn flour, salt, sugar, wheat gluten, contains less than 2% of palm oil, disodium inosinate and disodium guanylate, spices, chipotle pepper, corn syrup solids, garlic powder, yeast and yeast extract, onion powder, soy flour, Pollock protein, leavening (sodium acid pyrophosphate, sodium bicarbonate), sodium tripolyphosphate (to retain moisture), torula yeast, paprika, canola oil, lime juice solids, spice extractives, extractives of paprika, caramel color, natural flavor. Precooked in canola, cottonseed and / or soybean oils. **Contains: Tilapia, Wheat, Pollock, Soy.**

**COOKING INSTRUCTIONS:** CONVECTION OVEN: Preheat oven to 375°F. Place frozen fillets on baking sheet and bake for 18-20 minutes, or until internal temperature reaches 180°F. CONVENTIONAL OVEN: Preheat oven to 425°F. Place frozen fillets on baking sheet and bake for 22-24 minutes, or until internal temperature reaches 180°F.

Made with all natural  
**NutraPure.**  
...a healthy solution

NET WT. 10 LBS. (4.54 Kg)

KEEP FROZEN 2 6 8 1  
 PC# 27481

**ICYBAY**  
**OVEN-READY TORTILLA CRUSTED NATURAL TILAPIA FILLET 4-6 OZ.**



00073129274812

DISTRIBUTED BY: SLADE GORTON & CO.,  
 BOSTON, MA 02118

**Nutrition Facts**

Serving Size 1 Fillet (112g)  
 Servings Per Container about 40

Amount Per Serving		% Daily Value*	
<b>Calories 240</b>	<b>Calories from Fat 100</b>		
<b>Total Fat 12g</b>		<b>18%</b>	
Saturated Fat 1.5g		<b>8%</b>	
Trans Fat 0g			
<b>Cholesterol 35mg</b>		<b>12%</b>	
<b>Sodium 440mg</b>		<b>18%</b>	
<b>Total Carbohydrate 18g</b>		<b>6%</b>	
Dietary Fiber 1g		<b>4%</b>	
Sugars 2g			
<b>Protein 16g</b>			
Vitamin A 2%	Vitamin C 0%		
Calcium 2%	Iron 4%		

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:  
 Fat 9 • Carbohydrate 4 • Protein 4

**Nutrition Facts**

Serving Size (100g)  
 Servings Per Container

Amount Per Serving		% Daily Value*	
<b>Calories 220</b>	<b>Calories from Fat 90</b>		
<b>Total Fat 10g</b>		<b>15%</b>	
Saturated Fat 1.5g		<b>8%</b>	
Trans Fat 0g			
<b>Cholesterol 30mg</b>		<b>10%</b>	
<b>Sodium 390mg</b>		<b>16%</b>	
<b>Total Carbohydrate 16g</b>		<b>5%</b>	
Dietary Fiber 1g		<b>4%</b>	
Sugars 2g			
<b>Protein 14g</b>			
Vitamin A 2%	Vitamin C 0%		
Calcium 2%	Iron 4%		

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
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