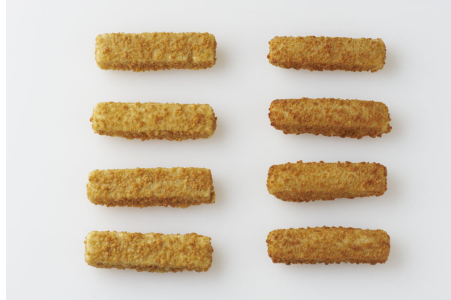


Pollock / Oven-Ready Whole Grain Breaded AK Pollock Stick 1 oz CN

UCC14 Code: 00731292515230 UCC12 Code: 073129251523 SUPC Code: 1025248



PRODUCT/PACKAGING INFORMATION:

Case Cube	Case Configuration	Pallet Configuration	Cases per Pallet
0.473	13.19 x 9.44 x 6.563	14x8	112
Pack Size	Unit Weight	Gross Weight	Net Weight
1/10#	10	11	10

Farm/Fishery Specification: MSC  
 Frozen Shelf Life: 24 months from date of manufacture.  
 Allergens: Yes. Please see label.  
 Approx. Servings per Case: 40 @ 4 oz  
 Labeling: "CN, Oven Ready"  
 Freezing: IQF

PRODUCT LABEL:

25152MSC ICYBAY  
 LOT# 03710 REDUCED FAT WHOLE GRAIN BREADED OVEN-READY AK  
 DATE: 19087 POLLOCK STICK 1OZ.



Nutrition Facts	
about 40 servings per container	
Serving size 113.4 (113g)	
Amount per serving	
<b>Calories 180</b>	
% Daily Value*	
Total Fat 4g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 300mg	13%
Total Carbohydrate 20g	7%
Dietary Fiber 2g	7%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 16g	
Vitamin D 0mcg	0%
Calcium 19mg	2%
Iron 1mg	6%
Potassium 326mg	6%

KEEP FROZEN  
 PC #25152MSC  
 ICYBAY

REDUCED FAT WHOLE GRAIN BREADED OVEN-READY AK POLLOCK STICK 1OZ.



00073129251523  
 DISTRIBUTED BY: SLADE GORTON & CO., BOSTON, MA 02118

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\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:  
 Fat 9 • Carbohydrate 4 • Protein 4

Nutrition Facts	
Variable servings per container	
Serving size (100g)	
Amount per serving	
<b>Calories 160</b>	
% Daily Value*	
Total Fat 3.5g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 260mg	11%
Total Carbohydrate 18g	7%
Dietary Fiber 1g	4%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 14g	
Vitamin D 0mcg	0%
Calcium 17mg	2%
Iron 1mg	6%
Potassium 293mg	6%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\*77% Less Fat than pre-cooked fish sticks. Contains 4 grams of fat compared to 10 grams of fat per serving of fish sticks, frozen prepared USDA Nutrient Database.  
 INGREDIENTS: 84% FISH (POLLOCK); 12% BREADING: 17% BUTTER & WATER, FISH CRACKER MEAL, WHOLE WHEAT FLOUR, LEAVENING (SODIUM ACID PHOSPHATE, SODIUM BICARBONATE, EXTRACTIVES OF PAPRIKA), ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHOLE WHEAT FLOUR, MODIFIED CORN STARCH, WHOLE GRAIN YELLOW CORN FLOUR, LEAVENING (SODIUM ACID PHOSPHATE, SODIUM BICARBONATE), WATER, CANOLA OIL, GARLIC POWDER, ONION POWDER, DEXTROSE, WHEAT GLUTEN, YEAST EXTRACT, SPICES, SALT, SOYBEAN OIL (AS A PROCESSING AID).

CONTAINS: FISH, WHEAT  
 COOKING INSTRUCTIONS: PREHEAT CONVECTION OVEN TO 425 F. PLACE FROZEN STICKS ON A LINED SHEET AND HEAT FOR 14-18 MINUTES. PREHEAT TRADITIONAL OVEN TO 425 AND HEAT FOR 18-22 MINUTES.



Four 1 oz. pre-cooked Breaded Fish Sides provides 2.00 oz. equivalent and 1.25 OZ EQ Grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 01-139)

NET WEIGHT 10 LBS (4.54 Kg)