

Cod / Beer Battered Natural Cod 3.5-4.5 oz

UCC14 Code: 00073129238951 UCC12 Code: 073129238951 SUPC Code: 0730877



PRODUCT/PACKAGING INFORMATION:

Case Cube	Case Configuration	Pallet Configuration	Cases per Pallet
0.473	13.19 x 9.44 x 6.563	14x8	112

Pack Size	Unit Weight	Gross Weight	Net Weight
1/10#	10	11	10

Farm/Fishery Specification: MSC
 Frozen Shelf Life: 18 months from date of manufacture.
 Allergens: Yes. Please see label.
 Approx. Servings per Case: 40
 Labeling:
 Freezing: IQF

PRODUCT LABEL:

LOT #?????? **ICYBAY** 2671
BEER BATTERED
NATURAL COD 3.5-4.5 OZ.
 PC #23895MSC

INGREDIENTS: Cod, enriched bleached wheat flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, rice flour, salt, beer (water malt, hops, yeast), leavening (sodium acid pyrophosphate, sodium bicarbonate, monocalcium phosphate), contains less than 2% of: whey, yeast extract, modified food starch, dehydrated garlic, guar gum, spices, sodium tripolyphosphate (to retain moisture), soybean oil, natural flavor, maltodextrin, yellow 5, yellow 6. Precooked in canola, cottonseed and / or soybean oils. **Contains Cod, Wheat, Milk.**

COOKING INSTRUCTIONS: Deep fry frozen fillets at 350°F for 4-6 minutes, or until internal temperature reaches 160°F.

KEEP FROZEN 2671
 PC #23895MSC

ICYBAY
BEER BATTERED
NATURAL COD 3.5-4.5 OZ.



00073129238951

DISTRIBUTED BY: SLADE GORTON & CO.,
 BOSTON, MA 02118

NET WT. 10 LBS. (4.54 Kg)

Nutrition Facts	
Serving Size 1 Piece (112g) Servings Per Container 40	
Amount Per Serving	
Calories 250	Calories from Fat 110
% Daily Value*	
Total Fat 12g	18%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 690mg	29%
Total Carbohydrate 22g	7%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 13g	
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g

Nutrition Facts	
Serving Size (100g) Servings Per Container	
Amount Per Serving	
Calories 230	Calories from Fat 100
% Daily Value*	
Total Fat 11g	17%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 610mg	25%
Total Carbohydrate 20g	7%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 12g	
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	