

Your Better Choice in Seafood®

Cod / Beer Battered Natural Cod Strip 1-2 oz

UCC14 Code: 00073129238890 UCC12 Code: 073129238890 SUPC Code: 0788739



PRODUCT/PACKAGING INFORMATION:

Case Cube	Case Configuration	Pallet Configuration	Cases per Pallet
0.473	13.19 x 9.44 x 6.563	14x8	112

Pack Size	Unit Weight	Gross Weight	Net Weight
1/10#	10	11	10

Farm/Fishery Specification: MSC
 Frozen Shelf Life: 18 months from date of manufacture.
 Allergens: Yes. Please see label.
 Approx. Servings per Case: 106
 Labeling:
 Freezing: IQF

PRODUCT LABEL:

LOT# ???????
 PC#23889MSC

ICYBAY
BEER BATTERED NATURAL
COD STRIP 1-2 OZ.

2661

INGREDIENTS: Cod, enriched bleached wheat flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, rice flour, salt, beer (water, malt, hops, yeast), leavening (sodium acid pyrophosphate, sodium bicarbonate, monocalcium phosphate), whey, yeast extract, modified food starch, dehydrated garlic, guar gum, spices, sodium tripolyphosphate (to retain moisture), soybean oil, natural flavor, maltodextrin, yellow 5, yellow 6. Precooked in canola, cottonseed and/or soybean oil. **Contains: Cod, Wheat, Milk.**

COOKING INSTRUCTIONS: Deep fry frozen strips at 350°F for 3-4 minutes or until internal temperature reaches 160°F.

NET WT. 10 LBS. (4.54 Kg)

KEEP FROZEN 2661

PC#23889MSC

ICYBAY
BEER BATTERED NATURAL
COD STRIP 1-2 OZ



00073129238890

DISTRIBUTED BY: SLADE GORTON & CO.,
 BOSTON, MA 02118

Nutrition Facts

Serving Size 3 Strips (127g)
 Servings Per Container about 35

Amount Per Serving		Calories from Fat 120	
		% Daily Value*	
Calories 270			
Total Fat 13g			20%
Saturated Fat 1g			5%
Trans Fat 0g			
Cholesterol 35mg			12%
Sodium 680mg			28%
Total Carbohydrate 20g			7%
Dietary Fiber 1g			4%
Sugars 0g			
Protein 16g			
Vitamin A 0%		Vitamin C 0%	
Calcium 2%		Iron 6%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
 Fat 9 • Carbohydrate 4 • Protein 4

Nutrition Facts

Serving Size (100g)
 Servings Per Container

Amount Per Serving		Calories from Fat 90	
		% Daily Value*	
Calories 210			
Total Fat 11g			17%
Saturated Fat 1g			5%
Trans Fat 0g			
Cholesterol 30mg			10%
Sodium 540mg			23%
Total Carbohydrate 16g			5%
Dietary Fiber 1g			4%
Sugars 0g			
Protein 12g			
Vitamin A 0%		Vitamin C 0%	
Calcium 2%		Iron 6%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

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