

**Cod / Beer Batter Natural Cod Nugget 1-2 oz**

UCC14 Code: 00073129238456 UCC12 Code: 073129238456 SUPC Code: 788727



**PRODUCT/PACKAGING INFORMATION:**

Case Cube	Case Configuration	Pallet Configuration	Cases per Pallet
0.473	13.19 x 9.44 x 6.563	14x8	112

  

Pack Size	Unit Weight	Gross Weight	Net Weight
1/10#	10	11	10

Farm/Fishery Specification: MSC  
 Frozen Shelf Life: 18 months from date of manufacture.  
 Allergens: Yes. Please see label.  
 Approx. Servings per Case: 40 @ 4oz  
 Labeling:  
 Freezing: IQF

**PRODUCT LABEL:**

LOT # ??????? 2681  
**ICYBAY**  
**BEER BATTERED**  
**NATURAL COD NUGGET 1-2 OZ.**  
 PC# 23845

**INGREDIENTS:** Cod, enriched bleached wheat flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, rice flour, salt, beer (water, malt, hops, yeast), leavening (sodium acid pyrophosphate, sodium bicarbonate, monocalcium phosphate), whey, yeast extract, modified food starch, dehydrated garlic, guar gum, spices, sodium tripolyphosphate (to retain moisture), soybean oil, natural flavor, maltodextrin, yellow 5, yellow 6. Precooked in canola, cottonseed and/or soybean oil. **Contains: Cod, Wheat, Milk.**

**COOKING INSTRUCTIONS:** Deep fry frozen nuggets at 350°F for 3-5 minutes or until internal temperature reaches 160°F.

NET WT. 10 LBS. (4.54 Kg)

**KEEP FROZEN** 2681  
 PC# 23845  
**ICYBAY**  
**BEER BATTERED**  
**NATURAL COD**  
**NUGGET 1-2 OZ.**



00073129238456

DISTRIBUTED BY: SLADE GORTON & CO.,  
 BOSTON, MA 02118

<b>Nutrition Facts</b>	
Serving Size 3 Nuggets (112g) Servings Per Container 40	
Amount Per Serving	
<b>Calories 270</b>	<b>Calories from Fat 120</b>
% Daily Value*	
<b>Total Fat 13g</b>	<b>20%</b>
Saturated Fat 1g	5%
Trans Fat 0g	
<b>Cholesterol 25mg</b>	<b>8%</b>
<b>Sodium 770mg</b>	<b>32%</b>
<b>Total Carbohydrate 25g</b>	<b>8%</b>
Dietary Fiber 1g	4%
Sugars 1g	
<b>Protein 13g</b>	
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 8%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

<b>Nutrition Facts</b>	
Serving Size (100g) Servings Per Container	
Amount Per Serving	
<b>Calories 240</b>	<b>Calories from Fat 100</b>
% Daily Value*	
<b>Total Fat 12g</b>	<b>18%</b>
Saturated Fat 1g	5%
Trans Fat 0g	
<b>Cholesterol 25mg</b>	<b>8%</b>
<b>Sodium 680mg</b>	<b>28%</b>
<b>Total Carbohydrate 23g</b>	<b>8%</b>
Dietary Fiber 1g	4%
Sugars 0g	
<b>Protein 11g</b>	
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 8%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	