

Catfish / Raw Breaded Natural Catfish Nugget 1-3 oz

UCC14 Code: 00073129217840 UCC12 Code: 073129217840 SUPC Code: 0763472



PRODUCT/PACKAGING INFORMATION:

Case Cube	Case Configuration	Pallet Configuration	Cases per Pallet
0.473	13.19 x 9.44 x 6.563	14x8	112

Pack Size	Unit Weight	Gross Weight	Net Weight
1/10#	10	11	10

Farm/Fishery Specification: BAP
 Frozen Shelf Life: 18 months from date of manufacture.
 Allergens: Yes. Please see label.
 Approx. Servings per Case: 40 @ 4 oz
 Labeling:
 Freezing: IQF

PRODUCT LABEL:

LOT # ??????? 2681
ICYBAY
RAW BREADED NATURAL
CATFISH NUGGET 1-3 OZ.
 PC#21784

INGREDIENTS: Catfish, enriched bleached wheat flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), wheat flour, water, yellow corn flour, yellow cornmeal, salt, spices, whey, buttermilk product (sweet cream, whey cream), contains less than 2% of sugar, garlic powder, canola oil, leavening (sodium acid pyrophosphate, sodium bicarbonate), yeast, sodium tripolyphosphate (to retain moisture), corn syrup solids, extractives of turmeric, paprika and annatto, lemon juices solids, spice extractives, caramel color, natural flavor. **Contains: Catfish, Wheat, Milk.**

COOKING INSTRUCTIONS: Deep fry frozen nuggets at 350°F for 4-5 minutes or until internal temperature reaches 160°F.

NET WT. 10 LBS. (4.54 Kg)

KEEP FROZEN 2681
 PC#21784

ICYBAY
RAW BREADED NATURAL
CATFISH NUGGET 1-3 OZ.



00073129217840

DISTRIBUTED BY: SLADE GORTON & CO.,
 BOSTON, MA 02118

Nutrition Facts

Serving Size about 2 Pieces (112g)
 Servings Per Container about 40

Amount Per Serving		Calories from Fat 35	
		% Daily Value*	
Calories 210			
Total Fat 4g			6%
Saturated Fat 1g			5%
Trans Fat 0g			
Cholesterol 30mg			10%
Sodium 780mg			33%
Total Carbohydrate 30g			10%
Dietary Fiber 1g			4%
Sugars 0g			
Protein 11g			
Vitamin A 2%		Vitamin C 0%	
Calcium 2%		Iron 8%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:
 Fat 9 • Carbohydrate 4 • Protein 4

Nutrition Facts

Serving Size (100g)
 Servings Per Container

Amount Per Serving		Calories from Fat 30	
		% Daily Value*	
Calories 180			
Total Fat 3.5g			5%
Saturated Fat 1g			5%
Trans Fat 0g			
Cholesterol 25mg			8%
Sodium 690mg			29%
Total Carbohydrate 27g			9%
Dietary Fiber 1g			4%
Sugars 0g			
Protein 10g			
Vitamin A 2%		Vitamin C 0%	
Calcium 2%		Iron 6%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

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