

**Pollock / "4-6oz Pollock Fillet, Skinless, IQF"**

UCC14 Code: 00073129138367 UCC12 Code: 073129138367 SUPC Code: 0719033



**PRODUCT/PACKAGING INFORMATION:**

Case Cube	Case Configuration	Pallet Configuration	Cases per Pallet
0.331	14.37 x 10.43 x 3.82	11x12	132

Pack Size	Unit Weight	Gross Weight	Net Weight
1/10#	10	11	10

Farm/Fishery Specification: MSC  
 Frozen Shelf Life: 18 months from date of manufacture.  
 Allergens: Yes. Please see label.  
 Approx. Servings per Case: 32  
 Labeling:  
 Freezing: IQF

**PRODUCT LABEL:**

**PC # 13836**

**ICYBAY POLLOCK**

**4-6 OZ FILLETS**

**IQF SKINLESS BONELESS**

INGREDIENTS: Pollock, Sodium Tripolyphosphate

CONTAINS: Pollock

**Pack 1/10 lbs.**

**Product of China**

**Wild Caught**

**NET WT 10 LB (4.54 kg)**

SG PO#

Pack Date:

GTIN # 00073129138367

FOR PLACEMENT OF GTIN  
BARCODE ONLY

Nutrition Facts	
Serving Size 4 oz (113g)	
Servings Per Container	
Amount Per Serving	
Calories 60	Calories from Fat 0
% Daily Value*	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
<b>Cholesterol</b> 50mg	<b>17%</b>
<b>Sodium</b> 380mg	<b>16%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 0g	
<b>Protein</b> 14g	
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 2%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

Nutrition Facts	
Serving Size (100g)	
Servings Per Container	
Amount Per Serving	
Calories 60	Calories from Fat 0
% Daily Value*	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
<b>Cholesterol</b> 45mg	<b>15%</b>
<b>Sodium</b> 330mg	<b>14%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 0g	
<b>Protein</b> 12g	
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 2%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4